Healthier Kitchen Appliances at Wholesale Prices from Chinavasion

Chinavasion is helping consumers make healthier food choices with a new selection of kitchen appliances ranging from air fryers to blenders.

Considering the busy schedules of everyday life, many people are finding less time to cook meals, added to that the rise of easy to order-in fast food and the resulting poor health choices leading to wider waist lines is almost inevitable.

Chinese <u>wholesale electronics</u> company, Chinavasion, renowned for its great range of cool gadgets and health trackers, is now taking a step further in helping consumers lead a healthier life.

With a new range of alternative <u>cool kitchen appliances</u> they are making it affordable and easy for consumers to trim waists and improve nutrition.

PR Manager at Chinavasion Ms Rose Li. said, "It's hard to make healthy choices in a world full of easy, fast food options, but by making healthy food more accessible, Chinavasion is hoping to make it easier to lead a healthier life".

Fried food is highlighted as one of the most unhealthy dietary choices, but the flavorsome oily food can be very addictive to some, however through a range of new kitchen appliances at wholesale prices Chinavasion is providing fans of deep-fried food with a healthy alternative.

When asked how kitchen gadgets can help you to eat and live healthier? Ms. Li explained, "Air fryers only need a fraction of the oil of other fryers making them much healthier, so users can make delicious meals from simple ingredients, that are both tasty and healthy, they are also super easy to use and clean".





The Air fryer appliance works by circulating hot air around the food to create a perfectly cooked delight, that's crispy on the outside and tender within. "If you like to fry food but aren't keen on the unhealthy results and hard to clean utensils then the Air fryer is for you." Said Ms. Rose Li.

It is not only Air fryers that can improve consumers health, with blenders and juicers it's easy to make tasty drinks and smoothies that can be a nutritious way to help shed the pounds, and a great addition to any balanced diet.

"Making your own juice is far healthier than consuming those found in your typical supermarket", says Ms Li. By making fresh juice in a juicer nearly all the nutrients are kept, unlike with common supermarket juice that has been pasteurized, which generally kills of much of the healthy enzymes and vitamins.

By using quality juicers it's possible to break down fruit and veg from the insoluble fibers so the body can easily absorb the valuable healthy minerals and enzymes they contain. When used alongside exercise these health drinks are a fantastic way to supplement a diet and promote weight loss while ensuring the body gets all the vitamins it needs.

"If you're looking to get into tip top shape for a summer in the sun or want the family to consumer more fruit and veg there are many great appliance to lend a helping hand." Said Rose Li.

With over 10 year expertise in sourcing quality electronic gadgets and products Chinavasion, is one of the leading wholesalers of electronics from China. All products come with a 1 year warranty and Chinavasion provide express global shipping options for your convenience.